

21 Day Fast for New Season Church (January 7th-27th)

Fasting Ideas: We can do the Daniel Fast or we can do a gradual exclusion fast. Exclusion example below:

Week 1: Exclude sweets, junk food, processed foods, fried foods and fast food.

Week 2: Exclude Week 1 items plus all meats or just red meats.

Week 3: Exclude Week 1 and Week 2 items plus white flour, pasta and bleached grains. (Whole grains are permitted).

CAVEAT: Please consult your doctor before making any changes to your diet especially if you are currently under a doctor's care or taking medication and adjust this fast any way necessary to accommodate your doctor's advice.

Prayer Focus: 21 Days of Thanksgiving for T=Their House, G = God's house and Y=Your house. This gives us the acronym T.G.Y. which means "Thank God Yourself!"

Their house—We will pray the acronym "NAIL" which means—National (USA), Around the world (International) Individuals (friends, extended family and strangers) and Local (community), which all equates to praying for others.

God's house—We will pray for New Season Church Organization (NSC) and the Body of Christ.

Your house—We will pray for 3 areas that includes our Spiritual, Personal and Family needs. A good way to remember this is the acronym **SPF** which means "Sun Protection Factor" and relates to our level of protection from the harmful rays of the sun. From a spiritual standpoint, **SPF** means Spiritual, Personal and Family, which indicates the areas we need to cover in praying for ourselves, to ensure that we are fully protected from the harmful schemes of the enemy. We want to be **SPF 100 meaning 100% covered in prayer!**

21 Days of Thanksgiving

Thanking God for what he has already done.

Thanking God for who he is.

Thanking God by faith for what he is going to do as if it is already done. (**Romans 4:17**... calling those things which do not exist as though they did). We are essentially addressing a need in the areas of **TGY** and thanking God for filling that need as if it is already done.

Prayer Example

Their House: NAIL- Lord I thank you that the United States is debt free; or I thank you for giving our president and his cabinet wisdom to be godly leaders (National). Lord I thank you for the salvation of the nations; or I thank you for peace in Israel (Around the world). Lord, I thank you for restoring Michael's marriage or I thank for providing for Sally's financial needs because you are the God who provides (Individuals). Lord, I thank you that our local government leaders are led by the Spirit of God, thank you for guiding them in their decisions and thank you for protecting them; or Lord I thank you for providing housing for the homeless community in Paulding County and protecting them from danger (Local).

*****Do we have to hit each letter in the "NAIL" every time we pray? No, but it is a good practice to ensure that we are covering a wider arena in our prayer lives than just the individuals that we know. The NAIL also gives us an idea who to pray for when we are praying for "Their House."

Instructions: Each day we are praying for the two houses listed. For example, on Monday we are praying for Your House and God’s House, which is either NSC or the Body of Christ as noted. For NSC, we have also listed the areas we will cover in prayer each day. For example, on Mondays we pray for the Staff and Ministry Leaders, Tuesdays, we pray for Pastor Steve, Wednesdays we pray for the Worship Team etc. Attached is a prayer guide that shows us what we can pray for NSC each day. For example, it shows us what we can pray for the Staff using the acronym “WORD” and it shows us what we can pray for Pastor Steve using the acronym “Wrapped” etc.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1 Focus	Your House God’s House	Their House God’s House	Your House God’s House	Your House God’s House	Their House God’s House	Their House God’s House	Your House God’s House
Staff/Leaders	Staff/Leaders	Pastor Steve	Worship Team	NSC Kids	NSC People	NSC Church	BodyOfChrist
Bible Reading	<u>Colossians 1</u>	<u>Psalm 96</u>	<u>John 4</u>	<u>Ephesians 5</u>	<u>1Cor. 13</u>	<u>Psalm 2</u>	<u>1 Cor. 12</u>
Scripture	Col. 1:9-12	Psalm 96:3	John 4:23	Eph. 5:2	1 Cor.13:3	Psalm 2:8	1 Cor. 12:25
Week 2 Focus	Your House God’s House	Their House God’s House	Your House God’s House	Your House God’s House	Their House God’s House	Their House God’s House	Your House God’s House
Staff/Leaders	Staff/Leaders	Pastor Steve	Worship Team	NSC Kids	NSC People	NSC Church	BodyOfChrist
Bible Reading	<u>Matthew 16</u>	<u>1 Peter 5</u>	<u>Ephesians 4</u>	<u>1 Peter 2</u>	<u>Isaiah 58</u>	<u>Matthew 6</u>	<u>Romans 12</u>
Scripture	Matt. 16:18	1 Peter 5:2	Eph. 4:29	1 Peter 2:24	Isaiah 58:7	Matthew 6:3	Romans 12:2
Week 3 Focus	Your House God’s House	Their House God’s House	Your House God’s House	Your House God’s House	Their House God’s House	Their House God’s House	Your House God’s House
Staff/Leaders	Staff/Leaders	Pastor Steve	Worship Team	NSC Kids	NSC People	NSC Church	BodyOfChrist
Bible Reading	<u>Acts 16</u>	<u>Ephesians 1</u>	<u>Proverbs 20</u>	<u>Psalm 147</u>	<u>Phil. 4</u>	<u>Acts 2</u>	<u>Mark 16</u>
Scripture	Acts 16:31	Eph. 1:17	Proverbs 20:7	Psalm 147:3	Phil. 4:19	Acts 2:17	Mark 16:15

WEEK 1 SCRIPTURES

(Day 1) Colossians 1:9-10; For this reason we also, since the day we heard it, do not cease to pray for you, and to ask that you may be filled with the knowledge of His will in all wisdom and spiritual understanding; that you may walk worthy of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God;

(Day 2) Psalm 96:3; Declare His glory among the nations, His wonders among all peoples.

(Day 3) John 4:23; But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for the Father is seeking such to worship Him.

(Day 4) Ephesians 5:2; And walk in love, as Christ also has loved us and given Himself for us, an offering and a sacrifice to God for a sweet-smelling aroma.

(Day 5) 1 Corinthians 13:3; And though I bestow all my goods to feed the poor, and though I give my body to be burned, but have not love, it profits me nothing

(Day 6) Psalm 2:8; Ask of Me, and I will give You The nations for Your inheritance, And the ends of the earth for Your possession.

(Day 7) 1 Corinthians 12:12, 25; For as the body is one and has many members, but all the members of that one body, being many, are one body, so also is Christ. That there should be no schism in the body, but that the members should have the same care for one another.

WEEK 2 SCRIPTURES

(Day 8) Matthew 16:18; And I also say to you that you are Peter, and on this rock I will build My church, and the gates of Hades shall not prevail against it.

(Day 9) 1 Peter 5:2; Shepherd the flock of God which is among you, serving as overseers, not by compulsion but willingly, not for dishonest gain but eagerly.

(Day 10) Ephesians 4:29; Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

(Day 11) 1 Peter 2:24; who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed.

(Day 12) Isaiah 58:7; Is it not to share your food with the hungry and to provide the poor wanderer with shelter—when you see the naked, to clothe them, and not to turn away from your own flesh and blood?

(Day 13) Matthew 6:3; But when you give to the needy, do not let your left hand know what your right hand is doing.

(Day 14) Romans 12:2; Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

WEEK 3 SCRIPTURES

(Day 15) Acts 16:31; So they said, "Believe on the Lord Jesus Christ, and you will be saved, you and your household."

(Day 16) Ephesians 1:17; that the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him,

(Day 17) Proverbs 20:7; The righteous man walks in his integrity; His children are blessed after him.

(Day 18) Psalm 147:3; He heals the brokenhearted and binds up their wounds.

(Day 19) Philippians 4:19; And my God shall supply all your need according to His riches in glory by Christ Jesus.

(Day 20) Acts 2:17; And it shall come to pass in the last days, says God, That I will pour out of My Spirit on all flesh; Your sons and your daughters shall prophesy, Your young men shall see visions, Your old men shall dream dreams.

(Day 21) Mark 16:15; And He said to them, go into all the world and preach the gospel to every creature.